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OTTAWA • THURSDAY, JULY 16, 2009 metro

Style pg 11

Get ready for fall with some hot new looks

Sens host Islanders in home opener

NHL Hockey fans in Ottawa will be among the first to see top draft pick John Tavares skate in the NHL when the New York Islanders visit Scotiabank Place for the Senators home opener on Oct. 8.

The National Hockey League and Ottawa Senators yesterday announced the 2009-10 schedule, which will see the club open its 17th season.

Daniel Alfredsson and the team will officially begin their season Oct. 3 in New York, when they take on the Rangers and then they're off to Toronto to play the Toronto Maple Leafs on Oct. 6.

Sidney Crosby and the Stanley Cup champion Pittsburgh Penguins will be in town Oct. 12.

METRO OTTAWA

FocusOn FirstNations

For the next week, Metro Canada will be focusing on First Nations and Aboriginal news, community issues, arts and culture as part of a special series leading up to the Assembly of First Nations convention, July 21-23, in Calgary.

• Today
• Chief Clarence Louie on economic independence for First Nations, page 7
• Surprise at NHL draft, page 9

Comment pg 7

Stand up to pick up?

Bluesfest **Kiss lights up the stage**

A.D. WILSON/FOR METRO OTTAWA

Kiss frontman Gene Simmons blows fire during the much-anticipated concert at Bluesfest last night. Thousands attended the show by the legendary glam rockers.

McGuinty offers big rebates for green cars

Ontario to give up to $10,000 to boost plug-in hybrids

The Ontario government wants one in every 20 cars on provincial roads to be electric by 2020, and to get there it is promising rebates from $4,000 to $10,000 to those who buy a plug-in hybrid after July 1, 2010, Premier Dalton McGuinty announced yesterday.

"We want to make it easier to buy green cars," McGuinty told a news conference at a Chevrolet dealership in Toronto. The cash incentive is meant to ease sticker shock for plug-in hybrids, expected to cost around $40,000.

"We want people to become comfortable with these new technologies and help them become more widespread in the marketplace," McGuinty said.

Auto analyst Dennis DesRosiers called the cash incentive a bribe. One in every 20 cars adds up to about 350,000 electric vehicles on the road by 2020, he said. At $10,000 apiece in rebates, that means the province is looking at a $3.5-billion program.

"It is foolish policy," he said. "It is misdirected, not thoroughly thought through. There is much more the Ontario government can do to green the auto sector."

McGuinty also announced plans to buy 500 electric vehicles for the government fleet and promised to set up a system of reliable charging stations — integral to the wide-scale acceptance of electric vehicles. Recharging will be available in some government-owned and GO Transit parking lots, and the province is working with the private sector to come up with more.

The premier did not have a clear answer on how much the incentive program will cost, but noted it will not last forever. The province still needs to figure out how many vehicles will be eligible, he said.

GM hopes to be a frontrunner in the electric car market with the Chevy Volt, which will be available in 2011.

The Chevrolet Volt, a plug-in hybrid.

TORSTAR NEWS SERVICE

Name the Civic Centre

TIM WIECLAWSKI
tim.wieclawski@metronews.ca

DRAW What do you call the arena where the Ottawa 67's play?

For $1,000 you could call it whatever you want.

The team has put naming rights for the Ottawa Civic Centre up as the grand prize in a draw for Ottawa area businesses.

"This is a great opportunity for a company to become well known around the region and the entire province," said 67's owner Jeff Hunt. "The name of the building is referenced in every media story and every ad for our games and other events that take place inside it."

Hunt said that's worth hundreds of thousands of dollars in brand awareness, but the winning business will only have to pay $1,000 to have their name attached to the building.

A draw to pick the winner will be held at the 67's opening night on Sept. 25. Re-branding will commence as soon as possible after that with the Civic Centre being referred to by the winning company's name until July 1, 2010.

According to ESPN Sports Business, North American facility naming rights are typically worth between $500,000 and $5 million per season, depending on the number of events that take place in the facility and the size of the media market in which they are located.

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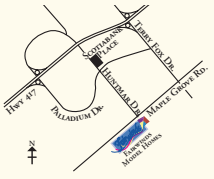

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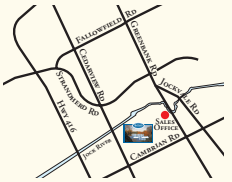

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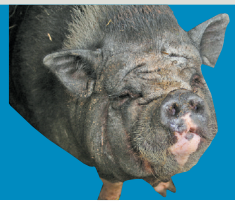
Senior injured after fall in trench
A 73-year-old man suffered serious head injuries after falling into a six-foot-deep trench outside his house Tuesday. Police and the Ministry of Labour are investigating. METRO OTTAWA

Local



Society has lots of piggies

The Ottawa Humane Society has its hands full caring for a growing number of pot-bellied pigs. Agents found three pigs living in a shed behind an unoccupied home in Navan on June 30. Earlier this week, the number grew to 11, after a female gave birth to eight piglets at the Champagne Avenue shelter. When the piglets are old enough, all of the pigs will be relocated to a farm in the Cornwall area. METRO OTTAWA

King of Walks 'poignant' for soldiers

TRACEY TONG
tracey.tong@metronews.ca

They've got quite the journey ahead of them.

Next week, 190 marchers from the Canadian Forces will join 45,000 people to walk 160 kilometres over four days in the Nijmegen Marches.

While just the thought of walking that far is enough to give some people sore feet, Master Corporal Lorinda Sherman is excited instead.

"The experience is going to be incredible," said the first-time participant, who trained after work and on weekends.

The Canadian War Museum hosted the official send-off parade for Canadian Forces Nijmegen marchers yesterday.

The march, which Erik Boer of the Embassy of the Kingdom of the Netherlands called the King of Walks, includes a stop at the Canadian war cemetery in Groesbeek, which was the final resting place of more than 2,300 Canadian soldiers during the Second World War.

TRACEY TONG/METRO OTTAWA

Commander of the Canadian Operational Support Command Maj.-Gen. Mark McQuillan inspects the Canadian Forces.

The event is especially significant for Canadians, as it commemorates the contribution of Canadian soldiers to the liberation of the Netherlands during the Second World War, resulting in a meaningful friendship between the two countries.

The two countries share a lot of the same values, including freedom, said Boer.

The march is a test of physical strength and will, said Canadian War Museum director general Mark O'Neill.

The event is "poignant and moving" and "will have a dramatic impact on those who participate," said Commander of the Canadian Operational Support Command Maj.-Gen. Mark McQuillan.

metronews.ca

WHAT'S ONLINE TODAY

Video Canada's spy agency watchdog blasts CSIS over Omar Khadr's prison interview at **metronews.ca/canada**

Video Gene Simmons and Shannon Tweed create a stir on Parliament Hill at **metronews.ca/canada**

Lotteries

Lotto 6/49: 3, 5, 16, 26, 40 & 45 Bonus 31
Ontario 49: 10, 26, 30, 40, 42 & 46 Bonus 44
Ontario Pick 3: 6 7 4; **Ontario Pick 4** : 8 8 6 0
Encore: 6646306
Daily Keno: 1, 2, 3, 4, 5, 16, 20, 22, 26, 29 31, 33, 39, 51, 60, 63, 64, 65, 67, 70
These results are not official.

City dodges bullet

TIM WIECLAWSKI
tim.wieclawski@metronews.ca

Acting Mayor Doug Thompson is welcoming Mitel's decision not to sue the city over the procurement process for a telecommunications services contract worth up to $6 million as a positive stand.

"They said they basically don't want to hurt the city," said Thompson. "The majority of council felt, and I did, that the process was fair and we made the right decision."

A statement released by the company yesterday stated, "it would not be in the best interests of Mitel, the city, nor its taxpayers to proceed further with this matter."

News in brief

STABBING A 17-year-old is in serious condition after he suffered a stab wound to the abdomen yesterday. Just before 1 a.m., paramedics and police were called to a stabbing behind Tailgator's Bar. Police arrested a 19-year-old near the scene.

HIT-AND-RUN A 20-year-old man suffered two broken legs and a driver was arrested after police investigated an alleged hit-and-run collision between a vehicle and a pedestrian yesterday. Paramedics said the vehicle was in reverse at the time.

TRACEY TONG/METRO OTTAWA

Entrepreneurs take risks in recessions

ECONOMY More than half of the Fortune 500 companies were established during recessionary or depressed times, according to Claude Haw, president and CEO of the Ottawa Centre for Research and Innovation.

"More people start their own business when it's harder to get a job. Sometimes people need a bit of a kick in the butt to deliver on their dream," he said at an event to unveil the Ottawa Home-based Business Guide for Entrepreneurs and a new OCRI entrepreneur centre satellite kiosk.

The kiosk allows people to access resources available at the entrepreneur centre.

TIM WIECLAWSKI/METRO OTTAWA

NASCAR Start your engines

TIM WIECLAWSKI/METRO OTTAWA

Canadian Patrick Carpentier stopped by the Cage aux Sports in Gatineau yesterday to talk about the upcoming NAPA Auto Parts 200 at the Circuit Gilles Villeneuve in Montreal Aug. 29-30.

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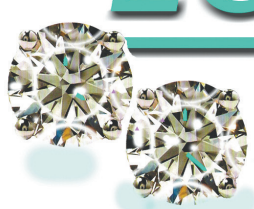

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Chinese student in Moncton, N.B., gets tuberculosis
A student from China, studying at the Moncton Flight College, is in serious but stable condition in a Moncton, N.B., hospital suffering from tuberculosis, CBC News Online reports. METRO NEWS SERVICES

Canada

Gatti funeral scheduled for Monday

A funeral service will be held Monday morning in Montreal for former boxing champion Arturo Gatti, CBC News Online reports. Gatti's mother said that his body is expected to be returned from Brazil on Friday and the service will take place in a church in the city's Little Italy district. Meanwhile, a lawyer representing Gatti's wife has asked that she be released from jail. She is currently facing murder accusations.
METRO NEWS SERVICES

Former cop plotted shooting, court hears

BANDIDOS TRIAL A former police officer plotted shooting a leader of the Bandidos Motorcycle Club dead when the outlaw biker stepped out on the balcony of his Toronto high-rise apartment for a cigar, a mass murder trial was told by an underworld informer.

The would-be sniper was Michael Sandham, according to the informer, who is now in a witness protection program and can only be identified as M.H.

Sandham's intended target in April 2006 was John (Boxer) Muscedere, Canadian president of the Bandidos Motorcycle Club, M.H. told court.

"He'd (Sandham) go across the street and wait for Boxer to come out," M.H. said of the plot, hatched in early April 2006.

Deaths

- Six Bandido members and associates are on trial for the killing of eight bikers in rural Ontario three years ago.

M.H. said Sandham planned to shoot Muscedere dead during one of his cigar breaks. Muscedere was the father of a newborn girl, and would regularly go out onto his balcony to smoke cigars so the infant wouldn't have to inhale the smoke.

Court was told that Sandham became a member of the Bandidos after serving two years as a police officer in rural Manitoba.

TORSTAR NEWS SERVICE

News in brief

PRANK An abduction case has revealed to be a case of misunderstanding, after police cancelled their search for a 16-year-old Edmonton boy. The teen was ripped from a bench at a bus stop by two men, and pulled into a van on Tuesday afternoon, police said. Horrified witnesses contacted police. Those involved contacted police after seeing their prank portrayed as an alleged kidnapping on TV.

GRAHAM MCCANN/ FOR METRO CANADA

Khadr had 'eyes of a child': Report

Federal watchdog concludes CSIS should have considered age, abuse allegations

Canada's spy service should have considered Omar Khadr's age and the widespread allegations of abuse before interrogating him in 2003, concludes an investigation by an Ottawa watchdog agency.

The Security Intelligence Review Committee report also revealed for the first time details from a CSIS post-interrogation report that said Khadr viewed al Qaida "through the eyes of a child" who didn't know about his father's activities as a terrorist financier (according to the UN) because "he was out playing or simply not interested."

Released as Khadr appeared before a military commission here, the report is the latest indictment in Canada's treatment of the Toronto-born captive.

Khadr was 15 when he was shot and captured in Afghanistan following a firefight with U.S. Special Forces and has now spent more than a third of his life in U.S. custody. He is charged with five war crimes, including murder for the death of U.S. Delta Force soldier Christopher Speer.

Khadr's father

- The UN listed Omar Khadr's father as a terrorist financier. Pakistani forces killed Ahmed Said Khadr in October 2003, but one of the reasons CSIS was eager to talk to Khadr was to gather intelligence on his father's whereabouts.

The SIRC report said that while CSIS had "operational interests" in interviewing Khadr, the service failed by not having special guidelines for dealing with youths, or taking into consideration reports of abuse.

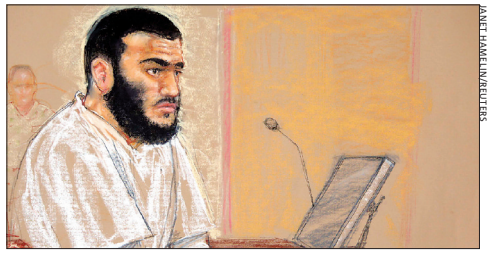
The SIRC report concluded: "In Canadian society, there is long-standing recognition that young people should be treated differently than adults because they have not attained certain decision-making skills and therefore require special protection and guidance."

Agents with the Canadian Security Intelligence Service had interviewed Khadr twice in 2003, before a federal court injunction stopped further interrogations.

Canada's Supreme Court forced the government to release a video of CSIS agents questioning Khadr in February 2003, which created a stir around the world and prompted the SIRC investigation into the spy service's conduct.

"It should be noted that (Khadr) was 15 years of age when captured, and most of the critical years in his father's association with al Qaida figures took place when he was merely a child," wrote the CSIS agent.

TORSTAR NEWS SERVICE



JANET HAMLIN/REUTERS

In this photo of a sketch Canadian defendant Omar Khadr sits during a hearing at the U.S. Military Commissions court for war crimes, at Guantanamo Bay, Cuba, Jan. 19. Khadr is accused of killing a U.S. soldier in 2002.

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Quebec water exports could net big cash: Report

HEALTH Quebec could raise up to $9.5 billion a year by reversing the flow of three northern rivers to generate power and export water to the United States, according to a report released yesterday.

The Montreal Economic Institute said Quebec could divert floodwaters from the three rivers, pumping excess water.

REUTERS

2010 preps for flu

VANCOUVER 2010 Games

HEALTH Organizers of next year's Winter Olympics in Vancouver are hoping to get thousands of volunteers and staff vaccinated against the influenza A (H1N1) virus, also known as swine flu, a medical official said yesterday.

Organizers were already stockpiling antivirals and vaccine for next year's expected seasonal flu in Canada and are now talking with Canadian and international health authorities about how to respond to the global swine flu pandemic.

"We'll be doing a campaign trying to encourage all of our volunteers as well as our staff ... to get as many as possible vaccinated," said Dr. Jack Taunton, chief medical officer of the Vancouver Organizing Committee (VANOC).

The 2010 Games to be held in the west coast city in February will draw athletes, officials and visitors from around the world.

They will also involve 25,000 volunteers and 5,000 VANOC staff. Vaccinations cannot be mandated in Canada, so Taunton said that, based on past medical experience, it is unlikely all of the volunteers and staff would agree to do it.

Vaccination of athletes is the responsibility of each country's national Olympic committees but Taunton said VANOC will be advising those committees about which flu viruses they should be protecting against.

VANOC highlighted the concern about the potential impact of swine flu on the Games with the announcement yesterday that its latest sponsor was ALDA Pharmaceuticals Corp., which produces hand sanitizers.

Medical officials say hand washing is critical.

"This is a product for the times we are in," VANOC chief executive John Furlong told reporters.

REUTERS

Cape Canaveral She's finally off

NASA TV/REUTERS

Canadian Space Agency astronaut Julie Payette blows a kiss to the camera as she prepares to board the space shuttle Endeavour on its sixth and successful attempt at launch at Cape Canaveral, Fla., in this image from NASA TV yesterday. The mission will feature five spacewalks and complete construction of the Japan Aerospace Exploration Agency's Kibo laboratory. Astronauts will attach a platform to the outside of the module that allows experiments to be exposed to space.

Dozens of doctors probed in Jackson's death

California's attorney general said yesterday his office has run dozens of doctors' names through its prescription drug database to aid police investigating the death of Michael Jackson. REUTERS

5

World

Obama prods Congress on U.S. health care

Saying it was "time to get this done," U.S. President Barack Obama pressed yesterday for swift congressional action on health care after a Senate panel approved a bill to overhaul the $2.5 trillion industry.

Panels led by his Democratic Party have stepped up activity on legislation that would meet Obama's goal of guaranteeing all Americans health care coverage, but they remain far from resolving the thorniest issue — how to come up with about $1 trillion over 10 years in new taxes or savings to pay for it. The first of five congressional panels to act, the Senate health committee approved on a 13-10 vote legislation that would set up a government-run insurance program to compete with private insurers.

Obama

Obama praised the panel's action, but appealed to Americans to get involved, saying at the White House, "It's time for us to buck up Congress, this administration, the entire federal government, to be clear that we've got to get this done."

The Senate bill would require most Americans to obtain health insurance and require employers of more than 25 workers to provide coverage or face a $750 per worker penalty. Insurers could no longer bar people with pre-existing conditions.

Most Americans have health insurance that is partially paid by their employers, but an estimated 46 million have no coverage. Insurers oppose the government-run health plan and say it would not lead to lower costs for consumers.

The National Federation of Independent Business, who worked to derail President Bill Clinton's reform push in the early 1990s, warned lawmakers that the House bill would harm U.S. jobs and that it fails to meaningfully curb costs. REUTERS

168 killed in Iran plane crash

IRAN A Tupolev aircraft crashed in Iran yesterday on its way to Armenia after catching fire in mid-air and plowing into farmland, killing all 168 people on board just 16 minutes after takeoff.

In the worst crash in Iran for six years, the Russian-built Caspian Airlines plane left only scattered bits of incinerated metal and fragments of the bodies of 153 passengers and 15 crew across a wide area around a deep smoking crater in the ground.

Eight members of Iran's national junior judo team and two coaches were among the dead as well as a former Iranian MP representing Iran's Armenian minority and, reportedly, the wife of the head of Georgia's diplomatic mission in Iran.

"I saw a finger of a passenger on the ground. There is no sign of the airplane, just small pieces of metal," said a witness. "I do not see even a complete leg or arm."

STAFF/REUTERS

A man stands at the site where a Tupolev Tu-154 passenger plane crashed north of Tehran yesterday.

A local official said the aircraft had technical problems and tried to make an emergency landing. "Unfortunately the plane caught fire in the air and it crashed," he told the the FARS news agency.

Air safety experts have said Iran has a poor record, with a string of crashes in the past few decades — many involving older Russian-made aircraft.

It was the third deadly crash of a Tupolev Tu-154 in Iran since 2002. REUTERS

Russian rights activist found murdered

RUSSIA A prominent human rights activist was found dead after being kidnapped in Russia's troubled republic of Chechnya yesterday, provoking outrage from President Dmitry Medvedev.

Natalia Estemirova, a close friend of murdered Russian journalist Anna Politkovskaya, worked a human rights organization and documented abuses by law enforcement agencies, colleagues said.

The murder is the latest in a series of killings of journalists and human rights defenders in Russia which has drawn international condemnation and led to questions about Medvedev's pledges to build a freer society. REUTERS

Estemirova

- Well known to diplomats and human rights activists in Russia, Natalia Estemirova was the inaugural recipient in 2007 of the Anna Politkovskaya Award, named after her murdered friend, given by the charity Reach All Women in War (RAWinWAR).

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Blair gets British PM's backing

Britain's Labour government would back former prime minister Tony Blair if he were to stand for the job of president of the European Union, says an aide to Prime Minister Gordon Brown. The new job is due to be created under the Lisbon Treaty which has yet to be ratified. REUTERS

Troops face a bloody July

WAR The death toll for foreign troops in Afghanistan halfway through July equals the highest for any month of the eight-year-old war.

Officials announced a U.S. soldier had been killed by a bomb and two Turks had died in a road accident.

This raised the toll of U.S. and allied foreign fatalities in the first half of July to 46 — equal to full month highs set in August and June 2008.

In the two weeks since U.S. and British troops launched massive assaults, Western troops have died at an average rate of three a day.

A total of 124 Canadian soldiers have been killed in Afghanistan.

REUTERS

Taiwan **A lily pond full of memories**

PICHI CHUANG/REUTERS

Relatives of victims of Taiwan's "White Terror" hold lilies in Taipei yesterday as they walk past a pond full of lilies during a memorial to mark the 22nd anniversary of the end of martial law. The "White Terror" period began in 1949 when a military crackdown took place against dissidents.

Shoot first, then worry?

Israel accused over Gaza invasion

Some Israeli soldiers who took part in the January invasion of the Gaza Strip say they were encouraged by commanders to shoot first and worry later about civilians.

The troops then went into Gaza with guns blazing.

Testimony from 30 veterans of Operation Cast Lead, published yesterday by the activist group Breaking The Silence, lends credence to charges by Amnesty International, Human Rights Watch and United Nations agencies that Israeli forces inflicted civilian death and destruction on an unjustifiable scale.

But the report drew an angry reaction from the military — which has already rejected war crimes allegations by some international groups.

In a three-page statement, the military rebutted the allegations as a slanderous and defamatory mix of rumour and hearsay.

In print and video testimony, almost all of it nameless and digitally blurred soldiers say the army's Gaza imperative was to minimize its own casualties to maintain public support.

"Better hit an innocent than hesitate to target an enemy," was a typical description by one unidentified soldier of his understanding of instructions repeated at pre-invasion briefings and during the 22-day operation, from Dec. 27 to Jan. 18.

"If you're not sure, kill. Fire power was insane. We went in and the booms were just mad," says another.

"The minute we got to our starting line, we simply began to fire at suspect places.

"In urban warfare, anyone is your enemy. No innocents."

REUTERS

Discrepancy

- A Palestinian rights group says 1,417 people were killed, in the 22-day onslaught, 926 of them civilians. The Israeli army put the toll at 1,166 and estimated 295 dead were civilians. Israel said 10 of its soldiers and three civilians were killed.

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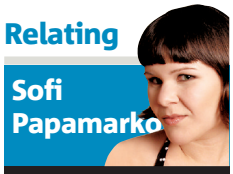
Comment

It's all in the approach

Relating



Sofi Papamarko

metronews.ca/papamarko

A man walks into a bar. He spots a seated brunette that he'd very much like to get to know. He approaches, says something witty, offers to buy her a drink. Looking bored, she declines. She's waiting for some friends. Thanks for the offer, though.

"Shot down!" he thinks. "Women in this city are so cold."

It's been long believed that women are pickier than men when selecting sexual partners. This makes perfect sense from a biological standpoint; women have more at stake. When it comes to reproduction, females invest nine months, plus 18 or so years of child rearing. Men invest approximately nine minutes. That women are more discerning than men about their choice of mate seems logical. But a new study published in Psychological Science puts this idea through the ringer.

In their study on romantic selectivity, Eli J. Finkel and Paul Eastwick put a fascinating spin on the activity of speed dating. Generally, women are seated during speed-dating events while men rotate around the room, a trend that likely stems from the social construct that men typically initiate approach. Finkel and Eastwick experimented by also having the women rotate while the men remain seated. At the end of the sessions, they had the participants indicate their levels of interest in the people they "dated." The results were surprising. No matter the gender, the Rotaters demonstrated a higher interest in the people they approached than the Sitters demonstrated in the people who approached them.

On the web

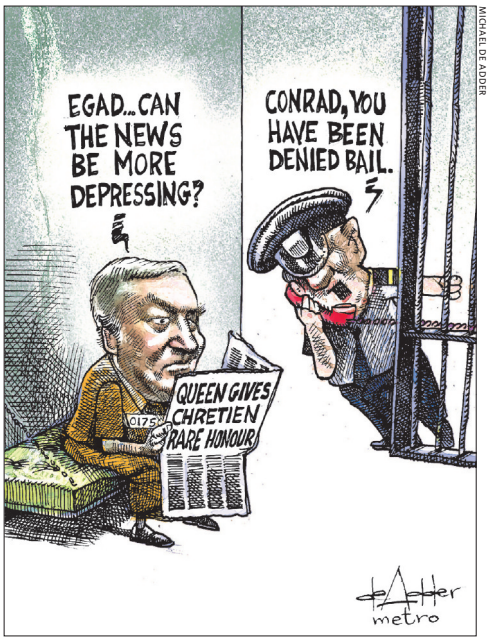
- For more views on relating, go to Love Bytes at metronews.ca/blogs

Wait, what?

"It's true that we approach people when we're interested in them," Finkel told Metro via email. "A more subtle effect is that the mere act of approaching people makes us interested in them. Our bodies influence our mind in mysterious ways, and one of them is this effect of physically approaching on romantic attraction … perhaps women tend to be choosier than men because they (women) are much less likely to engage in physical pursuit — for example, by approaching a man in a bar." Approaching someone increases adrenaline, confidence and triggers a host of other physiological and psychological reactions the person being approached does not share.

Don't let this study deter you from chatting up the dreamy dreamboat of your dreams, however. As The Great One once said: "You miss 100 per cent of the shots you don't take." But maybe the next time you're interested in someone, you can beckon them over, seated comfortably at your table all the while.

Sofi Papamarko is a 20-something writer based in Toronto. Her heroes include Desmond Morris and Nancy Sinatra.



MICHAEL DE ADDER

Views

First Nations and economic independence

Chief Clarence Louie

FocusOn FirstNations

The importance of economic independence for First Nations starts with a basic proposition: Individual band members must be provided an opportunity to provide for their families through self generated income, not be forever dependent on underfunded federal grant programs.

What good will it be if a First Nation receives wealth from oil and gas money, casino money or government transfer payments, or a one-time multimillion-dollar land claim settlement if a majority of their people remain on welfare?

A band does not owe its membership dependency on welfare programs but rather it owes them an opportunity to become economically independent through employment and business development.

The success of a First Nation community within the Canadian economic framework cannot be attained until there are equal chances for First Nations to be educated and provided with an opportunity to put their training to work. Nothing rips a nation state apart more and causes dependency than an unemployed population. The idleness of unemployment is a major sickness in most First Nation communities.

The enemy to First Nations truly participating in the Canadian economy is the perpetuation of the attitude that the First Nation problem can be solved through social expenditures. The current 100-year-old failed government formula of 96 per cent social spending versus four per cent for business investment has left most First Nations with an unemployment rate that far exceeds the Great Depression.

An employment economy creates a healthier population than handouts. As one past national chief said, "A healthy person is a working person." Many native youth are being slowly destroyed by the absence of real employment opportunities. Offering youth a welfare cheque leads to a sense of hopelessness and a lazy attitude.

When an individual gains economic independence, just as when a First Nation gains economic independence, then good health in a holistic lifestyle becomes possible.

The Assembly of First Nations is one of many venues in which we must present a united front to Canadians and the Canadian government to organize economic opportunities for First Nations. The AFN's role should not be to "complain" about our situation, but to "proclaim" our intention to develop our resources, seek out joint ventures and strengthen our economy so we can manage our own future and reclaim our inherent right as First Nations to fully participate in the economic development of our traditional territories.

I have said it many times, "There is no dignity in a welfare line" and the very best social program is a decent self-supporting job.

We ask business leaders and entrepreneurs, corporate Canada and their bankers to work with us to ensure that a decade from now self generated income for First Nations in Canada has outpaced the welfare dollars sadly provided to First Nations.

Chief Clarence Louie heads B.C.'s Osoyoos Indian Band, where he initiated development of nine businesses on band lands.

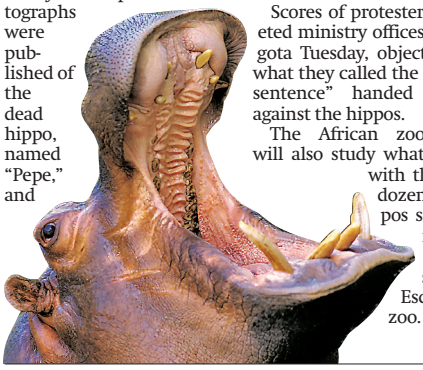
Worth mentioning

Colombia calls off hunt for drug lord's hippo

Colombia has called off the hunt to kill a drug lord's escaped hippo and will instead try to relocate the beast after its mate was shot dead by order of the government, sparking outrage from animal rights groups.

The giant animals were imported from Africa by late cocaine king Pablo Escobar and put in his zoo. They escaped in 2006 to live in the wild near the Magdalena river in northern Colombia, causing concerns about local public safety.

Colombia was shocked Friday when photographs were published of the dead hippo, named "Pepe," and by news the hunt was still on for his mate, "Matilda," who gave birth to a calf in the wild.



Bogota-based beer company Bavaria, owned by SABMiller, offered to bring in animal protection experts from South Africa and Tanzania to find the best way to care for the surviving hippo and her calf.

"We have accepted Bavaria's offer. The hunt is off," a spokeswoman for Colombia's Environment Ministry told Reuters yesterday. "The idea is to relocate the animals."

Scores of protesters picketed ministry offices in Bogota Tuesday, objecting to what they called the "death sentence" handed down against the hippos.

The African zoologists will also study what to do with the two dozen hippos still living at the site of Escobar's zoo.

REUTERS

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Amazon hit with suit over Kindle cover design

Amazon.com Inc has been sued by a user of its Kindle electronic reader who claims the device's cover, which is designed by Amazon and sold separately, can break the screen and make the device inoperable. REUTERS

Business

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EDITOR: FERMIN.DESOUZA@METRONEWS.CA

BMO revamps card lineup

Bank of Montreal is revamping its credit card portfolio, eliminating some cards while boosting rewards and discounts on others, as it tries to snag a bigger slice of Canada's growing card market.

Toronto-based BMO, a MasterCard issuer, aims to poach market share from American Express in the competitive "no-fee" card category and from Canadian Imperial Bank of Commerce in the cutthroat travel card segment.

Nancy Marescotti, director of brand marketing and card management, said yesterday that BMO wants to move its cards to the "top-in-wallet spot." Its strategy to capture more market share, however, comes when rivals have chosen to curb card lending because of rising losses during the recession.

CIBC, which administers Canada's largest credit card portfolio, hit the brakes on growth during the second half of fiscal 2008. Canadian Tire Corp. lowered spending limits for inactive cardholders, while TD Canada Trust cracked down on late payers. Amex Bank of Canada, meanwhile, raised rates on some American Express cards in February.

Earlier this year, BMO boosted collections staff and began to proactively identify "high-risk" accounts. The bank is now taking a longer-term view of growth in its bread-and-butter retail bank. Enhancing its cards is part of that larger strategy. "Yes, there is an acquisition play here but all of our strict lending requirements are still in place," Marescotti said.

BMO is eliminating its bronze and silver Air Miles cards and melding them into a new "no-fee" Air Miles MasterCard. The move will double reward miles for an estimated 1.2 million customers, while eliminating a $35 annual fee for 400,000 more.

TORSTAR NEWS SERVICE

Top card issuers in 2008

The Nilson Report's ranking of top Canadian credit card issuers in 2008 based on outstanding balances:

- CIBC — $14.41 billion
- RBC — $12.97 billion
- Scotiabank — $9.70 billion
- Bank of America (MBNA) — $9.20 billion
- BMO — $7.54 billion
- TD Canada Trust — $7.19 billion
- Fed. Desjardins — $5.50 billion
- Canadian Tire — $3.85 billion

TORSTAR NEWS SERVICE

Dollar soars to one-month high, nears 90 US cents

CURRENCY The dollar vaulted to its highest level against the U.S. dollar in more than a month yesterday, helped by improved hopes for a global economic recovery and equity-market rally that fueled risk appetite.

Late in yesterday's session the dollar rose as high as $1.1117 to the U.S. dollar, or 89.95 U.S. cents. That marked its highest level since June 12 and lifted it further above last week's seven-week low.

The dollar closed at $1.1143 to the US. dollar, or 89.74 U.S. cents, well up from $1.1360 to the U.S. dollar, or 88.03 US cents, on Tuesday.

While the rise came alongside meaty gains in North American equities and higher prices for major Canadian exports like oil and gold, some experts felt there could be more behind the latest move.

"You have to guess that there is some deal going though, whether it's an M&A related deal or whether it's a one-off or something," said Steve Butler, director of foreign exchange trading at Scotia Capital. "There's definitely been a little more force than just equities rallying and the world being a safer place." REUTERS

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Business in brief

FORECAST The world's richest economies will grow again before year-end as the chokehold of the worst recession in generations gradually eases, but polls of economists show widespread doubt about the recovery's strength. Surveys of more than 150 analysts across the Group of Seven nations showed upgrades to growth forecasts for most countries, although expectations for 2010 remain sluggish.

SMARTPHONES It took a child to stump the creators of the BlackBerry, one of the world's top selling smartphones. "Are you going to make a phone more for kids so that my Mom will let me get one?" the child said from the packed audience at the annual shareholders' meeting at Canada's Research in Motion Tuesday. REUTERS

New York States mull legalizing slots

LUCAS JACKSON/REUTERS

Gamers play the slot machines at the Empire City Casino in Yonkers, N.Y., on June 23. The 5,300 slot machines of the casino are a source of revenue for the state, which also wants to turn Long Island's Aqueduct Racetrack into a "racino" by adding thousands of slots. A growing number of U.S. states are considering legalizing slots to try to generate revenue.

Big game developers hit back at iPhone upstarts

GAMING As the iPhone becomes a popular mobile gaming device, large game publishers are going head-to-head with smaller developers who found early success on the device.

Publishers like Electronic Arts and Glu Mobile have a huge advantage. But up-and-coming companies have proved adept so far at building their brand.

Apple's App Store is crowded with about 13,000 games — many from tiny developers — and gaining the attention of consumers is a challenge. Download rankings are key to success since users trawl the most-popular lists for games.

"The iPhone only offers one way for games to get discovered today, and that favors the cash-rich big publishers," said Jeremy Liew of Lightspeed Venture Partners, a firm which invests in social gaming firms. REUTERS

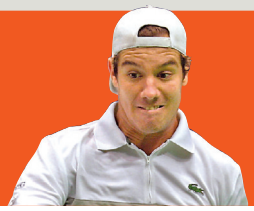
Christie's app

- Christie's auction house is rolling out a new application to bring Impressionists to the iPhone. Virtual versions of Christie's catalogs, and real-time sales results lead the app's features. It also lets users submit photos of objects for appraisal.

Isles reach deal with Tavares

The foundation of the New York Islanders' rebuilding project has been put into place as the franchise signed centre John Tavares to a three-year, entry-level contract yesterday. The Isles selected the highly-touted prospect first overall in last month's NHL Draft after four sterling seasons in the Ontario Hockey League. METRO NEWS SERVICES

Sports



Cocaine ban avoided

France's Richard Gasquet has been cleared to return to the tour after testing positive for cocaine, the International Tennis Federation said yesterday. The world No. 32 was provisionally suspended in May after a sample he had provided in March in Miami tested positive for a metabolite of cocaine. Gasquet said he ingested the drug while kissing a woman at a Miami nightclub. REUTERS

EDITOR: CHRIS.CLEMENTS@METRONEWS.CA

Sprint expert wins again

Cavendish takes 11th stage, Nocentini retains yellow jersey

Mark Cavendish strengthened his grip on the Tour de France sprints when he won the 11th stage yesterday to equal Barry Hoban's British record of eight victories in the world's greatest race.

The Isle of Man rider outsprinted American Tyler Farrar and Yauheni Hutarovich of Belarus at the end of a 192 km ride from Vatan to St. Fargeau to take his fourth win in this year's Tour.

"It was slightly uphill, so we knew it would be a different sprint and we adapted to that situation," Cavendish told a news conference.

"It was slightly uphill, so we knew it would be a different sprint and we adapted to that situation." Mark Cavendish, stage winner

"We had to deliver me later so we had four guys in the last kilometre instead of two. Again, it was just beautiful the way the guys led me."

Asked whether he felt there was no opposition on the field, Cavendish said: "It is a massive, massive insult to say the guys are weak."

Hoban won his eight stages from 1967 to '75, the last at the age of 35, while the 24-year-old Cavendish is taking part in only his second Tour.

Italian Rinaldo Nocentini retained the overall leader's yellow jersey six seconds ahead of Spain's Alberto Contador with American Lance Armstrong in third place eight seconds off the pace.

Briton Bradley Wiggins moved back up to fifth after the race jury decided to cancel a 15-second gap between two bunches in the final part of Tuesday's stage.

Communications between sports directors and their riders were allowed after Tuesday's experimental ban.

Earpieces were supposed to be banned again for Friday's stage to Colmar, but the International Cycling Union said that its managing board was asked to vote on the matter by today following team managers' protest.

ERIC GAILLARD/REUTERS

A pack of riders, including AG2R-La Mondiale rider and leader Rinaldo Nocentini of Italy, left, cycles through a town during the eleventh stage of the Tour de France yesterday.

Yesterday's stage was marred by two early crashes that allowed Belgian Johan Van Summeren and Marcin Sapa of Poland to break away after 24 km.

Nocentini was involved in one of them but avoided injury.

"I fell but it was not serious, it was a quiet ride after all," the Italian said. REUTERS

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Sports in brief

BASEBALL The World Series champion Philadelphia Phillies made it official yesterday and signed veteran pitcher Pedro Martinez. Terms of the deal were not disclosed, but various reports indicated it to be a one-year deal worth about $1 million US plus another $1.5 million in incentives.

HOCKEY The Montreal Canadiens have re-signed forward Guillaume Latendresse to a one-year contract. Terms of the deal were not disclosed. Latendresse scored 14 goals and added 12 assists for 26 points in 56 games last season.

FOOTBALL The Baltimore Ravens and linebacker Terrell Suggs agreed to a six-year contract yesterday. Financial terms were not disclosed, but the Baltimore Sun is reporting the deal to be worth $63 million US, with Suggs expected to receive $33 million in option and signing bonuses, the most for a defensive player in NFL history.

MOTORSPORT Scandal-plagued Max Mosley will not stand again as FIA president and will back Frenchman Jean Todt to succeed him after 16 years in charge of world motorsport. Mosley said yesterday he received "almost 100 messages from FIA member clubs urging me to think again," but that he felt it was time move on.

FOOTBALL The San Francisco 49ers unveiled details of their proposed $937-million US stadium south of San Francisco that would seat 68,500 and include solar panels and a green roof, as the team moves forward with plans to relocate to Santa Clara. METRO NEWS SERVICES

'It's a big thing for the community'

MATTHEW WUEST
matthew.wuest@metronews.ca

Ashton Bernard wasn't ranked for June's NHL draft and didn't even bother to follow it on the Internet.

In fact, he was sitting with a friend in a restaurant in Charlottetown, eating a cheeseburger for lunch — oblivious to the fact the New Jersey Devils had just picked him 174th overall — when his cellphone rang. It was his agent.

"I knew the draft was going on and when I saw him calling, I said, 'No, this can't be happening,'" said Bernard, who hails from the First Nations community of Eskasoni, N.S.

"He said, 'Ashton, congratulations!' I said, 'What did I do?' He said, 'You've been drafted in the sixth round to New Jersey.' I had to hang up and call my parents right away."

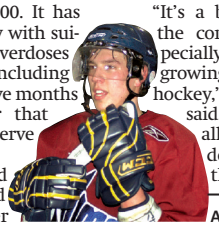
He was too excited to finish the burger.

Bernard, who plays in the Quebec Major Junior Hockey League, is a good-news story for the small community of about 4,000. It has struggled recently with suicides and drug overdoses among youth, including four suicides in five months earlier this year that prompted the reserve to declare a crisis.

The 19-year-old was the second hockey player from Eskasoni to be drafted. He is proud to follow in the footsteps of his role model, Atlanta Thrashers draftee Chad Denny, and hopes he can inspire First Nations youth to do the same.

FocusOn FirstNations

"It's a big thing for the community, especially for the kids growing up playing hockey," Bernard said. "It could really open some doors for them. Growing up there is hard, you know? It's only a good thing for this to happen to me."



Ashton Bernard

The six-foot-four, 203-pound Bernard is a self-described "enforcer" who relishes playing a rugged game.

Kids in his community will get a first-hand look at Bernard this season as he chases his NHL dream. He was traded in the off-season to the Cape Breton Screaming Eagles, a team located less than an hour from his hometown.

"I know a lot of people who already have season tickets," Bernard said.

"We have a lot of kids growing up that are great hockey players. I hope they follow the right path."

Chairsource's take on noir
Here's another item from Chairsource's Modern Noir line of furnishings. Chairsource offers residential, contract and commercial options for its wide array of furniture. See chairsource.ca for more. METRO NEWS SERVICES

Metro Homes

A source for chairs

Featuring some of the most exciting and eclectic collections of furniture available, the new line from Chairsource, near Toronto, offers even more cutting edge selection, such as this item from their Modern Noir line. See chairsource.ca for more.

EDITOR: DOUGLAS.DUNLOP@METRONEWS.CA

Bountiful blueberries

BY SIGNE LANGFORD

Nova Scotia is the second largest producer of wild blueberries in the world (Maine in the U.S. is number one), and throughout late August and September, when the berries are ripening, harvesters celebrate — Down East style. After long hours of hand-raking, crouched over patches of low-bush berries, it's time for a party!

At the Nova Scotia Wild Blueberry Harvest Festival (wildblueberryfest.com), folks enjoy all things blue, at events ranging from pancake breakfasts to a pie-eating contest.

So what's all the celebrating about? Well, as the First Nations peoples knew, this incredible fruit has a lot to offer. They enjoyed both fresh and dried berries and also used them medicinally, to treat coughs and as a relaxant during childbirth. Sometimes they even crushed them to create a dye. Blueberries helped see native and settler alike through tough winters. In 1615, Samuel de Champlain sampled a Native American pudding of blueberries, cornmeal and honey called sautauthig, and during the American Civil War, Yankee troops were supplied with canned wild blueberries.

Not all blueberries are created equal. The wild version is smaller, sweeter and more flavourful than its cultivated cousin, and also has almost twice as much antioxidant capacity — the ability to protect cells from damage. And with every study, there's more good news. Early evidence suggests blueberries are a powerful anti-inflammatory, and beneficial for heart, brain and urinary tract health.

For many East Coast families, managing and harvesting wild blueberry patches has been a treasured — albeit back-breaking — way of life for generations. Today, only the east coasts of Canada and the U.S. have the perfect terrain and climate to produce them; these regions process and export millions of pounds worldwide.

Jennie Dobbs, owner of Morris East restaurant in Halifax, has an intimate connection to wild blues. Her partner's family runs a third-generation patch in Colchester County, and this summer, her restaurant will be serving wild low-bush blueberries from the farm during the height of the season.

"Low-bush berries have the greatest flavour, and picking them at the juiciest moment is critical for taking customers back to days spent at U-picks," says Jennie. "Nova Scotians grow up picking berries, so they know the flavour of truly ripe ones — a taste unparalleled by the ones sold in most grocery stores."

Although fresh wild blues are only available for a precious few weeks in late summer, frozen and dried are available all year. Now, that's something we can all celebrate!

PHOTO COURTESY OF THE WILD BLUEBERRY ASSOCIATION OF NORTH AMERICA

An entertaining multitasker

Keeping a bag or tub of these versatile little berries in your freezer at all times will mean you'll never be at a loss for ideas, inspiration or a nutritious snack.

- For an elegant side dish, whip up a quick compote of wild blueberries, maple syrup and port to serve with pork, duck or game meats. To make a beautifully simple dessert, simmer blueberries with maple syrup or honey, then drizzle the warm mixture over the best-quality vanilla ice cream you can find. Behind the bar, dazzle guests with a frozen blueberry daiquiri.
- Blueberries are the star of any brunch, from a blueberry yogurt smoothie to fresh muffins served piping hot from the oven to an easy homemade preserve. For an everyday healthy treat, toss a handful into your morning oatmeal or cereal.

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Style

Chanel Nos. 1 to 5
Chanel has hired five new "ambassadors" to represent the brand. They are girls of the moment in the fashion world: Leigh Lezark , shown at left, Jen Brill, Poppy Delevingne, Caroline Sieber and Vanessa Traina.
KENYA HUNT/METRO WORLD NEWS

EDITOR: ANN-MARIE.COLACINO@METRONEWS.CA

Is it too **early** to shop **for fall?**

Autumn '09 is hitting stores. Here's a guide to what to wear now and what to save for later

KENYA HUNT
Metro World News

It may be warm outside, but stores are already receiving their fall shipments (and you've likely already received the email newsletters to prove it).

It feels ridiculous to begin thinking about your autumn wardrobe now. But we've thought of a few reasons why you might want to try:

- It gets old staring at all the picked-over dregs from the summer collections lying around in the shops.
- If you had to miss out on the excitement of swimsuit shopping because of that cancelled vacation, at least you can get excited about shopping for work again.
- You can start wearing about half of the major trends now.
- The more you shop, the more you help the economy.
- The fall trends are the most accessible they've been in ages. That means solid, wearable clothes you can rock in the office rather than impossibly trendy items that only make sense on the runway.

Here, we take a look at a few of the season's dominant trends and how you can approach them.

Lanvin

KEY: Timeless · It's so right now · Take it from summer to fall · It's so trendy it has an expiration date · Wear it with caution · Office-friendly · Not for beginners · Looks great on just about everyone

1 Leather everything

During the fall shows, it came in chic little belted leather jackets (Yves Saint Laurent), hot skinny trousers (Alexander Wang) and cuffed shorts (Chloé.) It came slouchy, skin tight and tailored. In fact, leather will be everywhere for fall. The shorts are the most versatile. Pair them with a T-shirt and sandals for summer before wearing them with a sweater, tights and boots for winter.

Chloé

2 Thigh-high boots

Rodarte and Nicholas Kirkwood kicked the trend off during New York Fashion Week with a series of show-stealing, bandaged, thigh-high boots. Afterwards, the sexy shoes popped up everywhere — Stella McCartney, Gucci, Louis Vuitton, Isabel Marant, you name it. The appeal of the thigh-high boot is that it's universally sexy. The down side is that it's super trendy. The big question: Will women want to spend so much money on a shoe that may feel tired in a year?

Louis Vuitton

3 Power dressing

From Donna Karan's career-woman separates to Lanvin's sophisticated suits, fall has plenty to offer women for the office, whether the priority is nailing a job interview or scoring that promotion. Transition a sharp suit into your wardrobe now and keep warm in that frigid air conditioning at your workplace.

4 The bold shoulder

It's safe to say that the sharp, shoulder-padded Balmain jacket, and its legions of knockoffs, will rule fall — just the way it did summer. Just be mindful of the jacket's shape before you buy it. If ill fitting, shoulder pads can easily veer into bad 1990s territory. Pair it with a pair of men's trousers for day or ripped jeans and studded boots for night.

Balmain

Kenya's**Style**

Kenya Hunt

Read the blog at metronews.ca/kenyasstyle

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Budget shortfall

Only 29 per cent of women say they budget or estimate how much a weekday dinner will cost, and a staggering 10 per cent of women flat out refuse to eat leftovers, according to a new poll from ShopSmart magazine, from the publisher of Consumer Reports. METRO NEWS SERVICES

Food

Mike's Hard Pink Lemonade has partnered with Canadian Breast Cancer Network (CBCN), to raise funds in support of its important work. METRO NEWS SERVICES

Cheers!

Twenty five per cent of the profit from the sales of Mike's Hard Pink Lemonade will go to the CBCN.

EDITOR: NINA.DRAGICEVIC@METRONEWS.CA

Avocado, apples and butter cake

Avocado and Watercress Cream

SERVES 4

INGREDIENTS:

- A bunch of watercress
- A few sprigs of parsley
- A few scallions
- 1 clove garlic
- 1 lemon
- A few basil leaves
- 4 tbsp (60 ml) olive oil
- 2 large avocados
- Salt and black pepper
- 1 tbsp (15 ml) green peppercorns in brine

METHOD:

Discard stalks from watercress, then rinse and dry leaves. Rinse and dry parsley and strip leaves from stems.

Rinse scallions, chop off green tops, leaving whites for another dish, and put greens into blender or food processor with parsley and watercress.

Peel garlic and crush into parsley and watercress. Wash wax from lemon, grate rind, squeeze out juice and add both to blender. Rinse and dry basil leaves, then chop some and set aside for garnish. Add remaining leaves to mixture with olive oil.

Halve and pit avocados. Leaving shells intact, spoon flesh into blender and season. Process until smooth.

Spoon purée into shells, sprinkle with peppercorns and reserved basil, and serve.

Avocado and Watercress Cream.

Pork Fillet with Apple Mustard Sauce

SERVES 4

INGREDIENTS:

- 3/4 cup (175 ml) chicken stock
- 1 1/3 lb (600 g) pork fillet
- 2 small dessert apples
- 4 scallions
- 2 tbsp (25 ml) olive oil
- 1 tbsp (15 ml) all-purpose flour
- 1 sprig of fresh thyme
- 3 tbsp (45 ml) wholegrain mustard
- Salt and black pepper
- 5 tbsp (75 ml) heavy cream
- 2 tbsp (25 ml) Calvados or brandy

Garnish:

- 4 sprigs of thyme

METHOD:

Put chicken stock on to warm through. Trim off fat and tissue from pork fillet, then cut into 1/2 in. (1 cm) slices.

Rinse, quarter, core and slice apples, and rinse, trim and chop scallions. Set aside.

Heat oil in large frying pan, add pork fillet slices and fry over high heat 1 minute per side or until meat is very lightly browned.

Stir flour into pan and cook 2 minutes, stirring. Then add onions and stock and bring to boil, still stirring.

Rinse and dry 1 sprig of thyme, then strip leaves and add to pan with apples and mustard, salt and pepper. Continue cooking over moderate heat 4 minutes, or until pork is cooked through.

Stir cream into sauce, then simmer gently 2 minutes. Pour in Calvados or brandy, increase heat slightly and cook gently 2 minutes, then transfer onto four individual plates to serve, and garnish each with sprig of thyme.

Pork Fillet with Apple Mustard Sauce.

Welsh Hot Butter Cake

SERVES 8

INGREDIENTS:

- 1/4 lb (125 g) salted butter, at room temperature
- 1/3 cup (75 ml) sugar
- 3 large eggs
- 1 cup plus 1 tbsp (265 ml) self-raising flour
- 4 tbsp (60 ml) golden raisins
- 1 tbsp (15 ml) milk

Topping:

- 2 1/2 tbsp (30 ml) salted butter, at room temperature
- 2 tbsp (25 ml) brown sugar
- 1/2 tsp (2 ml) ground cinnamon

METHOD:

Preheat oven to 375 F (190 C). Grease 8 in. (20 cm) round non-stick cake pan with a little of the butter and line base with baking paper.

Using an electric whisk, cream remaining butter and sugar in bowl, until light and fluffy. Beat in eggs, one at time, then fold in flour. Add raisins and milk and mix. Spread mixture in pan. Bake cake in centre of oven 15–20 minutes, until is well risen, firm and golden.

For spiced butter topping, put butter into mixing bowl with brown sugar and cinnamon and mash together.

When cake is done, remove from oven and spread butter over top. Leave to stand until butter has soaked in, then remove from tin, cut into wedges and serve.

Welsh Hot Butter Cake.

rd.ca

For nutritional information on this and other great recipes, go to rd.ca or check out Key Ingredients in this month's Reader's Digest, on newsstands now!

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Local Savour

TRIO Bistro
307D Richmond Rd.
613.722.3887
Entrees, $11-$13

Good things come in threes — music, drinking and conversation — say the owners of Trio, a hip little bistro located in the centre of Westboro Village.

The small space is the perfect location to get up close and personal with a date and have a light meal before going out for drinks or dancing. Don't expect any classical music here though — tunes are much like what you would hear in a nightclub, with a DJ spinning on Friday and Saturday nights.

The drink menu includes beers, wine-by-the-glass choices and mixed drinks.

Food items include your basic pastas, pizzas and sandwiches with desserts brought in from a local bakery daily.

On the web

Global Peasant:

- Travel along with Diane Thompson's culinary adventures in her Global Peasant blog.
- Visit metronews.ca/globalpeasant to read Diane's recipe for raw sushi.

LiquidAssets

Peter Rockwell

metronews.ca/liquidassets

Viva Italia!

While riding our roller-coaster economy has made many wine aficionados queasy enough to turn to inexpensive juice from North and South America; the lone Old World country that seems to be keeping its customer base on track is Italy.

Much of Italy's success comes from its ability to be just about everything to everybody. It's a long country with twenty different regions and three distinctive climate zones, which allows it to produce a wide variety of wines that are — for the most part — very consistent and extremely approachable right out of the bottle.

Italian grapes and geography have become synonymous with wine culture. I mean, even a diehard rum drinker has heard of Tuscany's Chianti region. That familiarity has made rich, plummy wines like **Frescobaldi's 2005 Nipozzano Chianti Rúfina Riserva ($21.75 - $27.95)** modern classics.

Though Pinot Grigio is now grown just about everywhere, **Santa Margherita's 2007 Pinot Grigio ($16.95 - $21.25)** was the first to bring the grape to the masses; making its clean, crisp personality a benchmark for Italian whites and opening the door for hundreds of imitators.

Try either with some homemade pasta or a pie from your favourite pizza joint.

Prices reflect the range across the country. Some products may not be available in all provinces.

Peter Rockwell is the everyman's wine writer, working in the liquor industry for more than 25 years and travelling the globe looking for something to fill his glass and put into words.

50 Cent squares off against Jay-Z
Rapper 50 Cent is preparing to go head-to-head with Jay-Z. He's reportedly releasing his new album on the same day as the hip-hop heavyweight — Sept. 11. 50 Cent did the same thing with Kanye West in 2007. FEMALEFIRST.CO.UK

Entertainment

Moving on
According to In Touch Weekly, Jon & Kate Plus 8 star Jon Gosselin has proposed to Hailey Glassman, just weeks after his estranged wife Kate filed for divorce. POPEATER.COM

EDITOR: DEAN.LISK@METRONEWS.CA

●●●●● A CLASSIC; ●●●●○ EXCELLENT; ●●●○○ GOOD; ●●○○○ FAIR; ●○○○○ POOR

Billy Talent takes major step

Billy **Talent**

Album: Billy Talent III
Label: Warner
Rating: ●●●●○

WHETHER THEY DESERVE it or not, the dreaded pop-punk tag has been following Billy Talent around for years. It's been a tough label to shake, but on their third release they've finally done it. The new record is a major step forward for the band, who've traded their catchy, sometimes juvenile pop, for massive Sabbath-like riffs. The first half of the disc is filled with meaty songs and intricate harmonies, showing a growing band. They fall into some old habits on the second half, but let's hope this louder, more metal (but still poppy) Billy Talent is here to stay.

Bryan Borzykowski/for Metro Canada

The Dead **Weather**

Album: Horehound
Label: Warner
Rating: ●●●●½

ANY ACT WITH the gifted Jack White could be considered a supergroup, but the Dead Weather, which includes the Kills' Alison Mosshart and guys from Queens of the Stone Age and The Raconteurs, really is one. The band's debut is a gothic-blues rock assault, with big riffs, creepy piano and weird guitar sounds making up the bulk of the music. Mosshart tackles most of the vocals, though the best moments are when her and White — who's on drums — sing together. While it's not as good as the musicians' other projects, it's still a fun and intriguing listen.

Bryan Borzykowski/for Metro Canada

Hollywood**Rants**

Read the blog at metronews.ca/hollywoodrants

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God Made **Me Funky**

Album: Welcome to Nu Funktonia **Label:** New Empire
Rating: ●●●●○

THIS COULD EASILY have been just a very fine retro-soul-funk album by a remarkable eight-piece band that's been electrifying Toronto-area dance floors for more than a decade. Instead we get a delightful merger of old-school hand-clapping funkadelic with contemporary electronic beats. It's funk through the ages, a regular funkology. There's guest spots by Seven Day Lover singer Jully Black and Swollen Member Moko Only, as well as a collaboration with all three members of '70s suburban rockers Triumph. Yes, brothers and sisters, we've all been given the gift of funk. Everything else is merely a question of self-repression. C'mon, Get down, Get out. Huh.Huh.Huh. This is a party you don't want to miss.

Graham Rockingham/for Metro Canada

WARNER MUSIC PHOTO

Billy Talent III is a major step forward for the Toronto-based rock band, who've traded their catchy, sometimes juvenile pop, for massive Sabbath-like riffs. The album is now available in stores.

Daughtry

Album: Leave This Town
Label: RCA/Sony Music
Rating: ●●½

IT'S ONLY CHRIS Daughtry's second album and he's already settled into a corporate template that's interchangeable with his own debut and the last three Nickelback CDs. The label even hooked him up with Chad Kroeger for two tracks, including the uber-earnest rock ballad No Surprise. It's not polite to hit on a guy for making a record that's sure to appeal to fans, but the sameness of it all becomes irritating before the end of the third track.

Graham Rockingham/for Metro Canada

primetime

OT	Vu	SC	C	7:00	7:30	8:00	8:30	9:00	9:30	10:00	10:30	11:00
7/16/09	265	353	2	TVO	Thunderbeast		The Best of The Agenda		Admission Impossible		Chinese School		Best-Agenda
	211	331	3	GTV	ET Canada	Entertainment	Big Brother 11 (Live)		The Office	The Office	House		News
	-	-	5	SRC	Des squelettes	Gars fille	Perdus "Le Jugement" (SC)		Bons baisers de France (SC)		Le Téléjournal et Les Nou		TJ Ontario
	209	342	6	CHRO	The Road to Avonlea		JK Rowling		Greek "Mr. Purr-fect" (N)		(10:02) Private Practice		Comedy Now
	196	311	7	CTV	Hollywood	etalk	CSI: Crime Scene Invstgtn.		So You Think You Can Dance		(10:01) The Listener		News (N)
	208	303	8	CBC	Coronation St.	Jeopardy! (N)	Doc Zone (HDTV)		Doc Zone (HDTV)		CBC News: The National		The Hour
	-	360	9	NBC	Wheel-Fortune	Jeopardy! (N)	30 Rock	The Office	The Office	30 Rock	(10:01) The Listener		News (N)
	117	713	10	TVA	Dépenses xtr	Marché	Dr. House (HDTV) (SC)		Mollie (HDTV) (SC)		TVA 22 heures	(10:35) Juste pour rire (SC)	
	-	-	11	QS	Grande fille	Avec Albert	*Entre voisins* (2005, Suspense) Perry King, Susan Blakely. (SC)				La Porte des étoiles (SC)		Call TV
	137	763	12	TFO	Panorama été	Esprit	Sur la Piste de	Villages	*Betty* ★★ (1992, Drame) Marie Trintignant, Stéphane Audran.				Esprit
	-	362	13	CBS	Dr. Phil Addictions.		Big Brother 11 (Live)		CSI: Crime Scene Invstgtn.		(10:01) The Mentalist		Two/Half Men
	216	395	14	OMN2	Raymond	According-Jim	News (N)		News (N)		Two/Half Men	King	Cold Case
	214	344	15	CITY	Law & Order: SVU		30 Rock	Less-Kind	According-Jim	30 Rock	Law & Order: UK		News (N)
	115	343	16	CFMT	Two/Half Men	The Simpsons	News (N)		Vivere II	News (N)	The Simpsons	King of the Hill	Metropia
	218	345	18	E!	The Insider (N)	E! News	How I Met	'Til Death	True Hollywood Story		The Beast		News (N)
	-	361	20	ABC	News (N)	Entertainment	JK Rowling		Grey's Anatomy		(10:02) Private Practice		News (N)
	512	396	24	CPAC	Tête-à-tête	Beyond Poli	L'Heure politique		Dossier public				Heure polit.
	651	355	25	CTS	Little House on the Prairie		Michael Coren Show		100 Huntley Street		Life Today	This Is Day	John Hagee
	-	365	36	FOX	TMZ (N)	Seinfeld	Bones (HDTV PA)		So You Think You Can Dance		News (N)		News
	-	-	64	PBS	Business Rpt.	Adirondack	Wolf: Travels	Time Goes By	Poirot "The Veiled Lady"		Poldark		Charlie Rose
	205	312	104	CTV	Hollywood	etalk	CSI: Crime Scene Invstgtn.		So You Think You Can Dance		(10:01) The Listener		News (N)
news	502	390	26	NW	CBC News	Marketplace	The Hour		CBC News: The National		The Nature of Things		National
	500	500	33	CNN	Lou Dobbs Tonight		Campbell Brown (N)		Larry King Live (N)		Anderson Cooper 360 (HDTV)		
sports	406	417	27	net	Billiards: U.S. Open Nine-Ball		UFC: Access	MMA Conn	Best Damn Sports Show		Sportsnet Connected		Sportsnet Con.
	126	730	28	RDI	24 Heures en 60 minutes		Grands reportages (SC)		Le Téléjournal (SC)		RDI en direct	Le National	Le Téléjournal
	400	280	30	TSN	Boxing Joshua Clottey vs. Miguel Cotto.			CFL Pregame	CFL Football BC Lions at Edmonton Eskimos. (HDTV) (Live)				
	410	403	52	SCR	Poker		Strikeforce		World Cup of Poker		Score Tonight		Final Score
	411	457	56	OLN	Bounty Hunter	Bounty Hunter	Cycling Tour de France -- Stage 12. From Tonnerre to Vittel.						Cycling
	417	406	59	SC	Pimp My Ride	Pass Time	Pinks -- All Out (HDTV) (N)		Jacked! (N)	Jacked! (N)	Wrecked (N)	Wrecked	Pimp My Ride
family	554	544	48	TEL	Jimmy Two	Total Drama	6TEEN	6TEEN	Futurama		*The Invincible Iron Man* (2007, Action) Voices of Marc Worden.		
	557	540	51	FAM	Wizards-Place	Han. Montana	Zack & Cody	Latest Buzz	Wizards-Place	Life Derek	Ned's School	Cory in House	Zack & Cody
	551	542	65	YTV	Family Biz	Prank Patrol	Malcolm-Mid.	Futurama	In Real Life		Falcon Beach		Mystery Hnt.
	570	580	29	MM	The Daily Fix		Ranked!		I'm a Celebrity, Get Me Out.		Entourage	Gene Simmons	The Daily Fix
	615	520	31	A&E	CSI: Miami "Rap Sheet"		The First 48 (HDTV)		The First 48 "Last Wish"		Crime 360 (HDTV) (N)		Crime 360
	628	584	32	SPKE	CSI: Crime Scene Invstgtn.		UFC Unleashed (HDTV)		TNA iMPACT! (HDTV)				Jesse James
	521	560	34	TLC	Sports Disasters (HDTV)		Lottery Changed My Life		LA Ink "Kat's Back"		LA Ink (HDTV) (N)		LA Ink
	145	761	35	TV5	Destinations	Hep! Taxi	Club social		Envoyé spécial				Journal TV5
	616	521	39	SHO	The Outer Limits		Love-Death	Love-Death	*Lethal Obsession* (2007, Suspense) Kellie Martin.				House
	620	523	40	BVO	Storytellers	Snapshot	Bathroom Divas-Opera Star		*Wilby Wonderful* ★★ (2004, Comedy-Drama), Paul Gross				Law & Order
	520	505	42	DIS	Daily Planet		In the Shadow of the Moon				MythBusters		Daily Planet
	575	583	43	CMT	Sessions	Trace Adkins	Home Improve.	Home Improve.	Reba	Reba	Hope & Faith	Hope & Faith	Tuckerville
	601	562	45	SLC	Skin Deep	Til Debt-Part	Last 10	Last 10	Last 10	Last 10	Bulging Brides	Bulging Brides	ET Canada
	625	548	46	COM	Air Farce	22 Minutes	22 Minutes	Corner Gas	The Simpsons	South Park	Comedy Now (DVS)		Daily Show
	294	529	47	TBS	Family Guy	Family Guy	Friends	Friends	Friends	Friends	*Patriot Games* ★★★ (1992, Suspense)		
	600	564	49	H&G	House Hunters	Property Virgin	Handyman Superstar		Disaster DIY	Big Amazing	House Hunters	House Hunters	Holmes-Homes
	627	528	50	SPC	The Listener "Iris" (N)		Star Trek: Voyager		*Descendant* (2003, Suspense) Jeremy London, Katherine Heigl.				Stargate SG-1
	581	566	53	MTV	Room Raiders	After	MTV News	Cribs	Canada's Next Top Model		Canada's Next Top Model		MTV Live
	618	524	54	TROP	Traders		Inside Hollywood		Seinfeld	Raymond	Family Guy	Seinfeld	Seinfeld
	522	506	55	HIS	NCIS		Ancient Discoveries		Lost Inventions		NCIS		Marine Mach.
	129	773	60	CD	Alerte animale (HDTV)		Les Grands travaux		Docu-D (HDTV)		Un tueur si proche		Dernier combat
	261	394	61	V	Murder, She Wrote		Wait for God	'Allo, 'Allo!	*Space Cowboys* ★★★ (2000, Adventure) Clint Eastwood, Tommy Lee Jones.				
	602	567	62	W	Style by Jury	Friends	Divine Design	House	Confidential	Save Us-House	Divine Design	Love It-List It	House
	269	350	70	APTN	Warriors: TKO	Wapos Bay	By the Rapids	renegadepress	*Bear Walker* ★ (2000, Drama) Renae Morriseau.				Tears
	621	527	71	TLK	The Ellen DeGeneres Show		TMZ (N)	etalk	Paris Hilton's My New BFF		Tonight Show-Conan O'Brien		TMZ
	603	561	95	FN	Chef at Home	Crash-Kitchen	Restaurant Makeover		Jamie's Kitchen		Ace of Cakes	Ace of Cakes	Boys Weekend

critics'corner

30 Rock
Pete (Scott Adsit) forgets Valentine's Day as the cast, stricken by some iffy sushi, pulls an all-nighter to put together a new show. Romance starts to blossom between Kenneth and Cerie (Jack McBrayer, Katrina Bowden). Liz (Tina Fey) is curious when she receives flowers from a secret admirer. Jack (Alec Baldwin) wants to celebrate his newly divorced status with Tracy (Tracy Morgan) in "Up All Night." 8 PM on 15 CITY 9 NBC

Doc Zone
The jet plane has changed the way we eat — and we're not talking about airline meals. The two-part documentary "The Great Food Revolution' looks at how Westerners' relationship with edibles has changed. The growth of air travel has exposed us to exotic foods from around the globe, while our busier lifestyles have created a demand for food we don't cook. Part 2 looks at the battle between "big food" and the "buy local" activists for space on our plates. 8 PM on 8 CBC

Redford weds artist

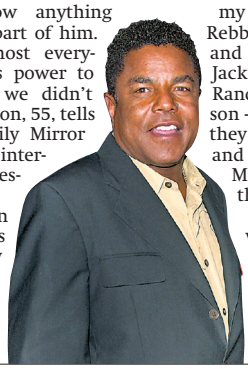
Robert Redford married artist Sibylle Szaggars on Saturday evening at the luxury Louis C. Jacob Hotel in Hamburg, Germany, in front of 30 family and friends, it has been confirmed by people.com. METRO NEWS SERVICES

Celebrity Buzz

'We raided Neverland'

O BROTHER! WHERE ART THOU? Despite Michael Jackson's reported orders that his family not be permitted inside the gates of Neverland for fear they would observe him abusing prescription drugs, older brother Tito Jackson claims that his siblings once staged a raid in an attempted intervention, people.com reports.

"I never saw (Michael) on drugs. Not once. He deliberately did it away from us. He didn't want his family to know anything about that part of him. He did almost everything in his power to make sure we didn't know," Jackson, 55, tells Britain's Daily Mirror in a lengthy interview Wednesday.



But when the stories just grew too loud to ignore, "We had to act. It was me, my sisters Janet, Rebbie and La Toya and my brothers, Jackie and Randy," says Jackson — adding that they all barged in and "surprised" Michael, "to say the least."

Confronted with their questions about his doing drugs, Michael "kept denying it" and told his siblings they were "overreacting," says Jackson, who, along with his brothers and sisters, were assured by Michael's doctor that the King of Pop was "healthy."

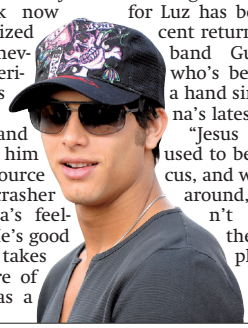
"We didn't know what to believe. We didn't take what Michael said as the truth," admits Tito.

Michael's June 25 death is now being treated as a homicide by LAPD, according to TMZ.com.

METRO NEWS SERVICES

Jesus getting the boy-toy message

JUST LUST FOR LUZ Madonna's 22-year-old Brazilian boy-toy, Jesus Luz, may be ready to walk now that he's realized the singer will never take him seriously, sources say.



"He's pretty and she can boss him around," a source tells Gatecrasher about Madonna's feelings for Luz. "He's good in bed. And he takes really good care of her kids. But as a life partner? No. He's child's play."

Making matters worse for Luz has been the recent return of ex-husband Guy Ritchie who's been lending a hand since Madonna's latest adoption.

"Jesus has gotten used to being her focus, and when Guy is around, that doesn't happen," the source explains.

METRO WORLD NEWS

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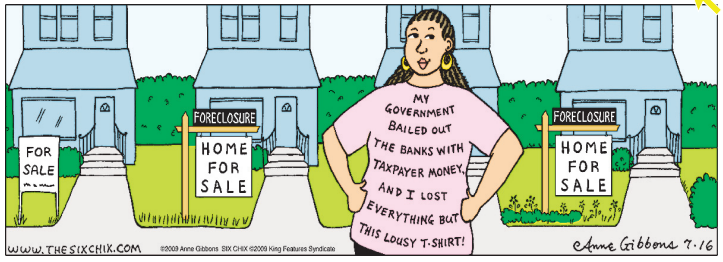

Fox hunting for another house

SINGLE AGAIN? Megan Fox is looking for a home of her own. The Transformers: Revenge of the Fallen star spent the weekend checking out homes in the Hollywood Hills neighbourhood with a real estate agent, according to the Daily Mail. Fox is reportedly looking for something in $2 million to $3 million US price range. Since she currently shares a home in Brentwood, Calif., with on-again, off-again boyfriend Brian Austin Green, does this suggest that the couple is once again off?

"I'm currently what you would call single, I guess," Fox said recently.

METRO WORLD NEWS

Zooey's acting jitters

THE ARTIST'S LAMENT Zooey Deschanel worries she doesn't know how to act, femalefirst.co.uk reports.

She feels like a new and inexperienced actress every time she starts work on a new movie and struggles to gauge how well she has done.

She said: "That's part of what makes acting so scary for me because like there will be total moments where I will be like, 'I have no idea what I am doing.' Acting is not a quantifiable thing. You cannot put a number on it. You cannot be like, 'OK I have done my 10 hours and my work is done.'"

METRO NEWS SERVICES

Jada dishes on sex ride

HOT, HOT SEAT In the latest issue of Shape magazine, Jada Pinkett Smith continues her campaign to let everyone know about her and husband Will Smith's fabulous sex life.

"When you have three kids, you've got to take your opportunities when they come," the Hawthorne star says, dishing about a very steamy limousine ride.

"On the way to the Academy Awards this year, Will started looking at me in this way that drives me wild. We started kissing passionately, and the next thing I knew, well, let's just say we missed the red carpet"

METRO WORLD NEWS

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Did Romo dump Jessica over Mayer's calls?

VEXED BY THE EX It looks like a famous ex may be what finally came between Jessica Simpson and Tony Romo. Sources tell Radar Online that Simpson was keeping in touch with John Mayer, whom she dated in 2006, and Romo wasn't thrilled when he found out about it.

"They were hanging out and he picked up her phone ... Tony found messages from John and went ballistic," a source says.

METRO WORLD NEWS

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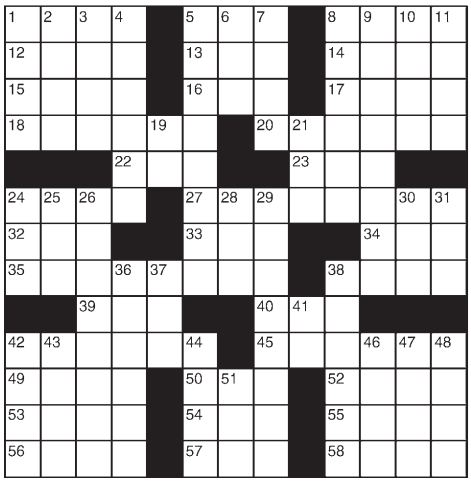
Friday Partly cloudy 24° / 15°
Saturday Rain 70% 21°/ 14°
You have voted us #1 for best forecasts on TV. Thank you Canada!

For more delicious Metro recipes, visit: **metronews.ca/food**

Take Five



Crossword across

1 Bellow
5 Indispensable
8 Not up and about
12 Shrek is one
13 Epoch
14 Wheel hub
15 Evidenced a pinprick
16 Present
17 Smooth-talking
18 Old salt
20 Witch's incantations
22 Mound stat
23 Crafty
24 Deer little one?
27 Plundered
32 Eggs
33 Kimono belt
34 "— the ramparts ..."
35 Borrow money
38 Slow
39 Flightless bird
40 Rotation duration
42 Indicates "I dunno"
45 Star-related
49 Lofty
50 Hooter
52 Vagrant
53 Shaving cream additive
54 Privy
55 Piece of work
56 Ink smudge
57 Yoko of music
58 Profits

Crossword down

1 Plagiarizes
2 Watch impolitely
3 Vicinity
4 Blush
5 Aussie critter
6 Id counterpart
7 Evergreens
8 "— & Demons"
9 Flamboyant pitch
10 Satan's forte
11 Socialist candidate Eugene
19 If not
21 Omega preceder
24 Navigation hindrance
25 St. crosser
26 Napoleon's downfall
28 Lawyers' org.
29 Curried recipe
30 "A mouse!"
31 Desiccate
36 Charm
37 Drag along
38 Big constrictor
41 For example
42 Impale
43 Corridor
44 Song for one
46 Hitchcock tour de force
47 Touch
48 Privation
51 Triumphed

Sudoku

For more/less challenging Sudoku puzzles, visit metronews.ca

HOW TO PLAY: Digits 1 through 9 will appear once in each zone – one zone is an outlined 3x3 grid within the larger puzzle grid. There are nine zones in the puzzle. Do not enter a digit into a box if it already appears elsewhere in the same zone, row across or column down the entire puzzle.

			1			4		
9		8		3			5	
6			9			7		
		6		5	7			1
	8						4	
5			6	2		9		
		4			3			7
	7			6		2		5
		3			8			

PREVIOUS DAY'S CROSSWORD AND SUDOKU ANSWERS:

9	1	2	6	3	8	7	5	4
7	6	8	1	5	4	9	3	2
3	4	5	7	9	2	1	8	6
5	8	3	2	6	7	4	1	9
2	7	1	3	4	9	5	6	8
4	9	6	5	8	1	2	7	3
1	2	4	8	7	3	6	9	5
8	5	7	9	2	6	3	4	1
6	3	9	4	1	5	8	2	7

Find today's answers + play more games at metronews.ca

SUDOKU SOLVE TIME:

Under 13 min .....Genius
13-17 min.....Scholar
17-21 min .....Smart
21-25 min.....Not bad
25+ min.....Keep practising

Metro Recipe of the Day

MEGAN MCCHESNEY

Mango Curried Chicken

Submitted by Laurie Chambers, Toronto, ON

submitted by a Club Member!

INGREDIENTS:

1 can of mangoes
1 chicken breast
1 bunch of fresh cilantro
1 tbsp of madras curry paste
1 package of vermicelli rice noodles

METHOD:

Empty the juice/syrup of the can of mangoes into a pot warming on the stove. Add the tbsp of curry paste and stir.

Once the curry paste has dissolved into the juice, add the chicken in cubes or strips. Once the chicken is thoroughly cooked, add some chopped cilantro to taste. At this time, add the mangos that are left in the can (cut to edible size). Cook for 3 min.

Place Mango Curry Chicken over cooked rice noodles and serve hot. Add a sprig of fresh cilantro to garnish.

SERVES 2-4
PREP TIME: 10 MINUTES
COOK TIME: 10 MINUTES

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Horoscopes by Sally Brompton

sallybrompton.com

ARIES
MARCH 21-APRIL 20
You have never been the type to follow the herd. Go your own way, do your own thing and, if certain people don't like it, do it some more.

TAURUS
APRIL 21-MAY 21
No matter your age or your social position you will come up with a vision that leaves those you work and do business with dumbstruck in admiration.

GEMINI
MAY 22-JUNE 21
Use your powers of persuasion to make sure you get your share of whatever financial and material goodies may be up for grabs.

CANCER
JUNE 22-JULY 22
Take a few chances today. With mind planet Mercury linked in the best possible way to Uranus, your ideas will be, to say the least, a bit out of the ordinary.

LEO
JULY 23-AUG 23
Don't sit there waiting for others to make the first move. You're a Leo, you're supposed to be a leader, not a follower.

VIRGO
AUG 24-SEPT 22
The whole world seems to be singing your praises, which is nice, but don't let it go to your head. You know what they say about pride coming before a fall.

LIBRA
SEPT 23-OCT 23
The best way to handle the stress in your life is to take nothing too seriously, not even yourself.

SCORPIO
OCT 24-NOV 22
You can do almost anything you like today, but there is one thing you must not do and that is to let other people speak for you.

SAGITTARIUS
NOV 23-DEC 21
You may not want to believe that someone would cheat you, but can you afford to take the chance? Be on the lookout for signs of evasiveness today.

CAPRICORN
DEC 22-JAN 20
Not only will you be daring in action today but your mind will be razor sharp, and with that kind of combination you are sure to go far.

AQUARIUS
JAN 21-FEB 18
A good deed you do for someone you barely know will have a number of positive effects over the next few days.

PISCES
FEB 19-MARCH 20
Your highly artistic nature will be much in demand today and you may have to turn down offers because you already have too much on your plate.

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BY TRICKY RICKY KANE

Every answer is a rhyming pair of words (like FAT CAT and DOUBLE TROUBLE), and they will fit in the letter squares. The number after the definition tells you how many syllables in each word.

1. Obtained a toddler (1)
2. Ashen Moby Dick (1)
3. Playboy Hefner's perspectives (1)
4. Put a cafeteria slider on a scale (1)
5. Chain of hills' river-crossing spans (2)
6. Hard-hitting ballplayer robber (2)
7. Nanas' nooks' counterparts (2)

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ANSWERS
1. GOT TOT 2. PALE WHALE 3. HIGHS VIEWS 4. WEIGH TRAY
5. RIDGES BRIDGES 6. SLUGGER MUGGER 7. GRANNIES CRANNIES

7-16-09

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725 Somerset St. W, China Town..... (613) 236-2222
54 Elgin St / Queen, ... (613) 235-8888
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Cornwall Square, 2nd floor / Charms.. (613) 930-2222
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Belleville, Bell Tower Plaza..... (613) 967-0000
Oakville, 261 Oak Walk Dr near Walmart (905) 257-6991

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